

Restology Offer

Hazel's Relaxation Therapy

Hazel from Hazel's Relaxation Therapy is keen to support local unpaid carers as well as the wider clients Carers Plus Yorkshire supports. As an unpaid carer herself, Hazel is aware how a caring role can affect our mental and physical wellbeing and just how important it is to look after ourselves. Hazel is Based in Helmsley.

- Hazel has offered 25% off a first initial relaxation treatment.
- Then a further 15% off all further treatments there after!
- To gain these concessions please contact Hazel directly and take along your Restology card!

For further details about the range of treatments available or to gain the concession please click the icon to find out more or speak to a member of the Carers Plus team.



**carers
plus**
YORKSHIRE